Heterogeneous Distributed Lag Models to Estimate Personalized Effects of Maternal Exposures to Air Pollution

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Air Pollution is Bad



Critical Windows of Susceptibility

Definition

A period in time during which an exposure can alter phenotype.



Distributed Lag Model (DLM)

$$y_i = \sum_{t=1}^T x_{it} heta_t + z'_i \gamma + \varepsilon_i$$

- θ = (θ₁,...,θ_T)' constrained to vary smoothly in time (e.g. spline, Gaussian process, ...)
 - adds stability to the model
 - conforms with biological hypothesis that exposure at proximal time points are likely to have similar effects



¹Figure source: Wilson et al. (2017) *Biostatistics*.

Heterogeneity and Modification with Critical Windows

- Increased focus on vulnerable populations and precision environmental health
- Standard approach is to conduct a stratified analysis
- Bayesian distributed lag interaction models allow for modification by a single categorical factor (Wilson et al, 2017, *Biostatistics*)
- Lack of methods for multiple modifiers
- Heterogeneity by multiple modifiers poses dimensionality and multiple comparison problems
- Our work: How to estimate heterogeneous DLMs using Bayesian additive regression trees (BART)



Bayesian Additive Regression Trees (BART)

$$y_i = f(\mathbf{x}_i) + \varepsilon_i$$

- Proposed by by Chipman, George, McCulloch (1998, JASA & 2010, AOAS)
- Estimate a general mean function
- State of the art predictive performance
- Allows for coherent Bayesian inference

Bayesian Additive Regression Trees (BART)

$$g(\mathbf{x}_i, \mathcal{T}) = \mu_b$$
 if $\mathbf{x}_i \in \eta_b$



BART



BART Alone Does Not Work



- Does not account for autocorrelation between repeated measures of exposure
- Applies same amount and type of shrinkage and selection to exposures and candidate modifiers

Treed Distributed Lag Model (TDLM) To Add Structure

$$y_i = \sum_{t=1}^T x_{it} \theta_t + z'_i \gamma + \varepsilon_i$$

- Apply BART to time (t = 1,..., T) to define structure in the lag function θ₁,...,θ_T
- Constant effect of exposure in each terminal node or time segment



¹Source: Mork & Wilson (2023) *Biometrics*

TDLM: Ensemble of Trees

- Use ensemble of A trees
- Adds robustness and can approximate smooth distributed lag functions
- η_{ab} and δ_{ab} is the terminal node and effect for node b on tree a



TDLM: Illustrative Example



TDLM: Illustrative Example



The advantages of trees and TDLM

- More flexible
- Less tuning
- Lower false discovery rate
- More robust in time series studies when adjusting for long-term trends (Leung 2022 et al. *Am. J. Epi.*)
- Extends to mixture exposures
- Extends to heterogeneity with multiple modifiers



Heterogeneity DLM (HDLM)

$$y_i = \sum_{t=1}^T x_{it} \theta_t(\boldsymbol{m}_i) + \boldsymbol{z}'_i \boldsymbol{\gamma} + \varepsilon_i$$

- DLM for a single pollutant with personalized effects based on a vector of modifying factors *m*
- Key idea: use BART to partition modifier space and have a unique distributed lag function for each terminal node
- Allows for multiple modifiers that are continuous, categorical and/or ordinal



Heterogeneity DLM (HDLM)



Nested and Shared Tree HDLM

• We can fit the distributed lag function with splines, Gaussian processes, or more trees



- Dirichlet prior to modifier inclusion (Linero 2018, JASA)
- Horseshoe-type priors on terminal node parameters
- Estimated with MCMC following original BART algorithm with a few key changes including additional grow step complexity for the modifier trees in the nested tree model

Nested and Shared Tree HDLM



- HDLMs have nominal coverage and low false window detection rates
- Includes true modifiers with high probability
- Includes null modifiers with lower probability (0.6-0.7)
- Comparable to DLM when there is no heterogeneity

Birth Weight Analysis



- 310,236 full term (37 weeks) births from Colorado Front Range with estimated conception dates between 2007 – 2015
- Outcome: birth weight z-score (BWGAZ), adjusted for sex, gestational age
- $\bullet~\text{PM}_{2.5}$ exposure measured weekly during gestation
- Controlled for: mother's age, height, weight, body mass index, income, education, marital status, prenatal care, smoking habits, race, Hispanic, child's sex, year/month of conception, elevation, county, trimester average temperature

Analysis with DLM (no heterogeneity)



Covariate	Type	Modifier	PIP
Age at Conception	Continuous	\checkmark	0.93
Height	Continuous		
Prior Weight	Continuous		
Body Mass Index	Continuous	\checkmark	0.95
Income	Ordinal	\checkmark	0.74
Education	Ordinal	\checkmark	0.90
Marital Status	Categorical	\checkmark	0.50
Prenatal Care	Categorical	\checkmark	0.48
Smoking Habits	Ordinal	\checkmark	0.78
Race	Categorical	\checkmark	0.61
Hispanic	Binary	\checkmark	0.95
Sex of Child	Binary	\checkmark	0.64
County of Residence	Categorical		
Month of Conception	Categorical		
Year of Conception	Categorical		
Avg. Temp per Trimester	Continuous		

PIP = Posterior Inclusion Probability



Modification by Maternal BMI and Hispanic Status



Modification by Maternal Education and Hispanic Status



Cumulative Effect by M. Age, M. BMI and Hispanic Status



Posterior Analysis of Split Points



- We can add structure to BART to get interpretable estimates of DLMs
- Allows for identifying critical windows
- Allows for heterogeneity
- Overall good finite sample properties
- Available for linear and logistic regression
- R code available: github.com/danielmork/dlmtree



Thank You

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Mork, D., Wilson, A. (2023). Estimating perinatal critical windows of susceptibility to environmental mixtures via structured Bayesian regression tree pairs. *Biometrics*. https://arxiv.org/abs/2102.09071

Mork, D., Kioumourtzoglou, M.-A., Weisskopf, M., Coull, B. A., Wilson, A. (In press). Heterogeneous Distributed Lag Models to Estimate Personalized Effects of Maternal Exposures to Air Pollution. *Journal of the American Statistical Association*. http://arxiv.org/abs/2109.13763.